

Please note the following:

- Participants who are more than 15 minutes late will be denied entry into certification courses.
- Participants must attend all class sessions. There are no make-ups and class times cannot be rescheduled.
- Absence from the class will result in the forfeiting of all fees for that class.
- Refunds will only be given if class registration is cancelled prior to the start date of the class.
- Each course dictates in the fees whether or not course manuals and materials are included or if they need to be brought by the participant.

The American Heart Association strongly promotes knowledge and proficiency in BLS, ACLS and PALS and has developed instructional materials for this purpose. Use of these materials in an educational course does not represent course sponsorship by the American Heart Association. Any fees charged for such a course, except for a portion of fees needed for AHA course material, do not represent income to the Association.

American Heart Association HeartSaver AED

The Heartsaver AED course teaches CPR, AED use, relief of choking in adults and children, infant CPR and relief of choking, and use of barrier devices for all ages. HeartSaver AED is designed for those who have a duty to respond to a cardiac emergency because of job responsibilities or regulatory requirements. This course includes a skills test. Participants will receive a course completion card. A Hamilton Area YMCA Membership is not required for participation in these programs. Dial ext. 128

Fee:

\$50 Facility and Facility Plus

\$60 Program/Non-members

Course Offerings:

Thursday 3/8: 5:00 – 8:30p.m.

Thursday 3/22: 5:00 – 8:30p.m.

American Heart Association First Aid

The Heartsaver First Aid course teaches how to manage illness and injuries in the first few minutes until professional help arrives. Course content includes general first aid principles, medical emergencies and injury emergencies in adults. Heartsaver First Aid is designed for those who have a duty to respond to a first aid emergency because of job responsibilities or regulatory requirements. This course includes a written test. Participants will receive a course completion card.

Fee:

\$50 Facility/ Facility Plus

\$60 Program/Nonmembers

Course Offerings:

Friday 3/9: 9:00 – 12:00p.m.

Friday 3/23: 9:00 – 12:00p.m.

American Red Cross Lifeguard Training (ages 15+)

This course is designed to provide participants with the knowledge and skills needed to be a lifeguard. CPR for the Professional Rescuer, AED, and First Aid are included in this comprehensive training. Participants must complete prerequisite skills on their first day consisting of: 300 yards Freestyle and Breaststroke as well as timed diving brick retrieval. Dial ext. 128

Fee (includes manuals and pocket mask):

\$210 Facility and Facility Plus

\$250 Program/Non-members

Course Offerings:

Saturday and Sunday 3/17, 3/18, 3/24 & 3/25: 9:00 – 5:00p.m.

Saturday and Sunday 4/14, 4/15, 4/21 & 4/22: 9:00 – 5:00p.m.

American Red Cross Lifeguard Recertification (with Review)

This course is for current American Red Cross Lifeguards who need a little refresher before taking their final skills scenario and written exam. Participants must bring their bathing suits as well as possess and present on the first day of class, current certification that would expire after the date of the class along with picture identification. (Participants must bring with them a pocket mask and Lifeguarding Manual (EA) Rev. 12/06, 655731) Dial ext. 128

Fee:

\$80 Facility/Facility Plus

\$100 Program/Non-members

Course Offerings:

Saturday & Sunday 3/10 & 3/11: 10:00a.m. – 4:00p.m.

American Red Cross CPR/AED for the Professional Rescuer Recertification (with Review)

This course is for people who are currently American Red Cross CPR Pro certified who are in danger of expiration. Participants will review their old skills and be updated on new skills. Participants must possess a current certification that does not expire after the date of the class. Participants must also bring a pocket mask and picture identification.

Fee:

\$60 Facility/Facility Plus

\$70 Program/Non-members

Course Offering:

Monday 3/12: 5:00 – 8:30p.m.

Monday 3/26: 5:00 – 8:30p.m.