

WHAT TO DO IF YOUR CHILD IS BULLYING

It's hard for any parent to believe that their child is bullying another child, but sometimes it happens. You might be feeling shocked, worried, fearful or defensive but these are all normal reactions.

What are the signs?

- Using verbal or physical aggression to deal with conflict
- Talking about "getting even" with others
- Blaming others for their behavior or being unwilling to accept responsibility for their actions
- Putting down other children in conversations



What can parents do?

- Manage your reactions and get the facts
- Talk with your child
- Work to resolve the situation

Find more resources and learn more about the CAP Task Force here:



Information provided by the Australian Institute of Family Studies Child Family Community Australia

