Hamilton Area YMCA - JKR Branch Pool Schedule

LAP SWIM: Facility members 12 years and older must be swimming laps in the lanes. Please be courteous, circle swim when lane has more than 2 swimmers.

OPEN SWIM: Our pool is available for members. Facility Children 8 and under require a parent/guardian in the pool. (over 18)

Facility Children 9-11 need a parent/guardian(over 18) in the facility during this time.

Space is subject to change due to programming.

Facility Cn	<u>liaren 9-11 neea a parent</u>	/guardian(over 18) in ti	ne racility during this time.	Space is su	bject to change due to p	rogramming.		
	<u>Monday</u>	<u>Tuesday</u>	Wednesday	<u>Thursday</u>	<u>Friday</u>	<u>Saturday</u>	Sunday	
5:30 a.m.								5:30 a.m.
6:00 a.m.	5:30 a.m9:00 a.m.	5:30 a.m9:00 a.m.	5:30 a.m9:00 a.m.	5:30 a.m9:00 a.m.	5:30 a.m9:00 a.m.			6:00 a.m.
6:30 a.m.	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim			6:30 a.m.
7:00 a.m.	4 lap lanes	4 lap lanes	4 lap lanes	4 lap lanes	4 lap lanes	4 lap lanes	3 Lap Lanes	7:00 a.m.
7:30 a.m.	Walk/Swim	Walk/Swim	Walk/Swim	Walk/Swim	Walk/Swim	Walk/ Swim	Walk/ Swim	7:30 a.m.
						8:00 a.m8:45am Aqua		
8:00 a.m.						Zumba		8:00 a.m.
8:30 a.m.						3 Lap Lanes		8:30 a.m.
9:00 a.m.	Aqua Exercise Check Daily Schedule							9:00 a.m.
9:30 a.m.	3 lap lanes	3 lap lanes	3 lap lanes	3 lap lanes	3 Lap Lanes	Swim Lessons	Swim Lessons	9:30 a.m.
10:00 a.m.	Aqua Exercise Check Daily Schedule					1 Lap Lane	2 Lap Lanes	10:00 a.m.
10:30 a.m.						No Open Swim		10:30 a.m.
44.00								44.00
11:00 a.m.								11:00 a.m.
11:30 a.m.	3 Lap Lanes	3 Lap Lanes	3 Lap Lanes	3 Lap Lanes	3 Lap Lanes	Swim Lessons		11:30 a.m.
12:00pm						2 Lap Lanes	3 Lap Lanes	12:00pm
12:30pm						up _uoo	Walk/ Swim	12:30pm
1:00pm		Δαυε	Exercise Check Daily Sched	ule				1:00pm
1:30pm) ique	Exercise ericek Baily Serieu			Lap & Open Swim		1:30pm
поории						Lup a opon ommi		1.00p
2:00pm	3 Lap Lanes	3 Lap Lanes	3 Lap Lanes	3 Lap Lanes	3 Lap Lanes	4 Lap Lanes	Pool Closes	2:00pm
2:30pm							2:45 PM	2:30pm
3:00pm						Pool Closes		3:00pm
3:30pm						4:45 PM		3:30pm
4:00pm	Swim Le	ssons run 4:00pm-7:45pm	ı; 1 lane available, No Open/ Fa	amily Swim 4:30 p.m 7:0	00 p.m.			4:00pm
4:30pm								4:30pm
5:00pm	Swim Lessons	Swim Lessons	Swim Lessons	Swim Lessons	Swim Lessons			5:00pm
5:30pm	(1 Lap Lane)	(1 Lap Lane)	(1 Lap Lane)	(1 Lap Lane)	(1 Lap Lane)			5:30pm
6:00pm	No Open Swim	No Open Swim	No Open Swim	No Open Swim	No Open Swim			6:00pm
6:30pm								6:30pm
7:00pm								7:00pm
7:30pm								7:30pm
8:00pm	3 Lap Lanes	3 Lap Lanes	3 Lap Lanes	3 Lap Lanes	3 Lap Lanes			8:00pm
8:30pm	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim			8:30pm
9:00pm								9:00pm
9:30pm		Pool Clos	es Monday through Friday at	8:45pm				9:30pm
10:00pm								10:00pm

Lifeguard/Deck Supervisor has final decision on management of the pool.

Lanes may be adjusted based on programming needs, Swimmers may be asked to move.